



## RELY

1) Begin by praying for God to open the eyes of your heart as you read His Word. Ask Him to help you be attentive and expectant to hear Him speak.

2) Read through your planned reading for the day. Highlight words and phrases that stand out to you or impact you in a powerful way.



## EXPLAIN

1) Once you've read through your planned reading, go back over what you've highlighted. Carefully think through it's intended meaning. You don't need to dig deep into everything you read. Focus on thinking through the intended meaning for the parts that stood out to you. If you need a little assistance, quickly refer to the notes in your study Bible. If something isn't clear to you, move on to what is clear. You can always dive into an in-depth Bible study or ask for help from another follower of Jesus when you have more time.

2) Explain the meaning in your own words. This is a crucial step to ensure your devotional reading is meaningful. This doesn't have to be long; it can be as short as a sentence or two.



## APPLY

1) As you think about the parts of your reading that stood out to you, apply their meaning to your life. This is done by asking, "What does this mean for me?" Bring the meaning and truth of Scripture to bear on your heart and your thinking.

2) Write down specific steps as to how you can apply what God is saying to you today.



## DEVOTE

1) Turn to God, asking for help as you devote yourself to the specific next steps you've identified. Acknowledge your dependence on God and ask Him to empower you to live faithfully to Him.

2) Move on in your prayer time by bringing specific requests before God that are on your heart.

3) End your time with expressions of praise and gratitude. Thank Him for His Word, presence, and faithfulness to you.



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